

Perton Walk & Talk



*Do you want to get more exercise?
Do you want to meet new people?
Do you want to walk your
way to health?*

If so South Staffordshire Council are holding a regular friendly Walk & Talk in Perton. The walk will take place *every Tuesday from 2nd June 2009*. You don't need any special walking equipment just clothing suitable to the weather and a pair of comfortable shoes.

Start Time - 10.30am, Please arrive 15 minutes early if it's your first walk

Day - Every Tuesday

Place - Perton Library,
Severn Drive,
Perton,
Wolverhampton,
WV6 7QU



Healthwatch Walks



South
Staffordshire
Council

**For further information please
contact the Health and Wellbeing
Team on 01902 696682**