



# FUDOSHIN KARATE KAI

(Members of The English Karate Federation)

**Do you want to keep Fit and Healthy ?**

**Do you want to lose weight ?**

**Do you want to be more confident and make  
new friends in the process ?**

**Do you want to be able to better defend  
yourself in the unfortunate event of an  
attack ?**

**Do you want to have fun whilst doing all of  
the above ?**

If the answer is yes, then why not come along to  
one of our classes to see if Wado Ryu Karate is  
for you. We are a family club with comprehensive  
insurance cover, and welcome students of any  
sex, race, ability, and any age over 6 years old.

**New Members always welcome.**

**Perton Community Centre**

**Monday 7.15pm to 8.15pm**

**Wednesday 6.00pm to 7.00pm**

Expert instruction by  
**Sensei Jerome Atkinson (6<sup>th</sup> Dan)**  
(Former all styles Heavyweight Champion of the world.)



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Phone: **07815 697616 or 07712 466653**

Web : [www.fkk88.co.uk](http://www.fkk88.co.uk)

E-mail : [info@fkk88.co.uk](mailto:info@fkk88.co.uk)